



Becoming

Good

**NEIGHBORS**

A 6-Week  
Video Series on  
missional living in  
the context of our  
communities.

For all video links, please visit [www.rocklincov.org/msc-good-neighbors](http://www.rocklincov.org/msc-good-neighbors)

## Week 1

- Watch the Introduction Video
- For further reflection & discussion:
  - Choose at least one day this week that you can commit to setting aside 5-10 minutes to pray for your neighbors. If possible, go for a walk down your street or around the block.
  - Take a moment to think about your immediate neighbors. What do you know about them? Do you know their names, how many people live in each house, what they do for a living, etc.
  - Pay attention to what you know and to what you don't know about your neighbors and let that shape your prayers this week.

## Week 2

- Watch videos #2 & #3 (interviews with Lee & Shirley Peterson and Hal & Jan Larson).
- For further reflection & discussion:
  - What is one thing that stuck with you from either of the videos?
  - Ok, now it's your turn! On a scale from 1-10 how well would you say that you know your neighbors? Why?
  - What do think has helped you to get to know your neighbors OR what has made it difficult to get to know your neighbors?

## Week 3

- Watch video #4 (interview with Laura & Matt Aalseth)
- For further reflection & discussion:
  - What is one thing that stuck with you from this video?
  - Think about some of your neighbors. Take some time to consider and jot down the following:
    - What do you already know about them?
    - What needs might they have?
    - What do you think are the obstacles that prevent you from knowing your neighbors or from taking action?
    - What do you think God's response would be to those obstacles?

Neighbor	Know:	Needs:	Obstacles:	Response:

- Note: If you have some extra time, we highly recommend you watch Matt's sermon which expands on many of the stories and ideas shared here. ([www.rocklincov.org/sermon-archive/2024/why-and-how](http://www.rocklincov.org/sermon-archive/2024/why-and-how). Matt preached on January 14).

## Week 4

- Watch videos #5 & #6 (interviews with Mike & Maddie Stelle and Chris Gothold).
- For further reflection & discussion:
  - What is one thing that stuck with you from either of the videos?
  - What gifts, passions, or interests has God given you?
  - If you can, take some time to research local community groups where you may connect with others who share your interests.
  - How might God be calling you to use your skills or interests to bless your local community?
  - If you are having trouble thinking of something, pray for God to help you see the unique value you bring to your community and potential ways you can get know and serve others.

## Week 5

- Watch video #7 & #8 (interview with Genafine Bartoo and World Relief Sacramento)
- For further reflection & discussion:
  - What is one thing that stuck with you from these videos?
  - Think about the people in your neighborhood or your community. Do you regularly see or interact with anyone whose cultural background is different from your own?
    - What do you know about them? OR If you don't know much about them, what is one step you can take to get to know them?
    - What obstacles might prevent you from getting to know them (better)? Spend some time praying with God to help us connect with people who may be different from us.

(If no one comes to mind, pray for God to help you to see and to reach out to those who may be different from us.)

- When you think about refugees, do you consider them more as strangers or as guests? Why?
  - What makes it difficult to extend hospitality and welcome to our refugee neighbors?
  - What might it look like to extend hospitality and welcome to our refugee neighbors?

## Week 6

- Watch video #9 (Conclusion)
- For further reflection & discussion:
  - What are the next steps you want to take - in getting to know your neighbors, in serving your local community, in welcoming refugees who are new to our community?
  - Which of these spheres do you feel most drawn to?
  - What do you want to see happen in your community?
  - What obstacles might get in your way? How might God help you respond to these obstacles?
- Write your action plan below. (What do you plan to do, when do you hope to do this by, and who are you going to share your plan with?)

*Thank you for participating in this Missional Serving video series on Becoming Good Neighbors!*

**For more info, ideas, accountability, or help with next steps please contact the following:**

- Neighbors - Laura & Matt Aalseth, email: [Laura.Aalseth@gmail.com](mailto:Laura.Aalseth@gmail.com), [Matt.Aalseth@gmail.com](mailto:Matt.Aalseth@gmail.com)
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